

St George's Dragon Slayers Cadet _____
(Grade 5, Ages 10-11)



Spiritual

- _____ *Recite the mysteries of the Rosary.
- _____ Serve Holy Mass as an altar boy 3 times.
- _____ Research into the lives of various saints. Choose a saint for your Confirmation name.
- _____ *Learn the legend of Saint George by heart and tell the story to your family and patrol. Know the details of the dragon, the princess, his chastity, and his martyrdom.
- _____ *What does the dragon represent?
- _____ *Explain in your own words the difference between angels and demons. Why did Satan tempt Adam and Eve. Why does Satan still tempt us.
- _____ *Formally consecrate yourself to Mary. To symbolize this as a Cadet dedicated to Our Blessed Mother, begin wearing the Miraculous Medal and Scapular if you do not already.
- _____ *Build or improve upon your family's altar inside your home. Make sure that it is beautiful and acquire flowers and candles for it.
- _____ *If you don't have one already, ask your family for a holy water stoup in your home. Use the holy water to make the sign of the cross daily. You are becoming a soldier of Christ.

Physical

- _____ Sign up for an organized sport – baseball, soccer, track, etc.
- _____ Explain to your Captain what is meant by “good sportsmanship.”
- _____ Attend a live college-level or professional sports game with your father, grandfather, uncle, or family friend.

Patriotic

- _____ Learn the story about Saint Thomas More. How did his martyrdom mirror the martyrdom of Saint George? What does the Catholic do when his nation asks him to act contrary to his faith and conscience? Would you, by the grace of God, lay down your life for your faith in Christ?
- _____ How can we be patriotic, even if our nation and politicians promote evil laws contrary to the will of God?
- _____ Explain in your own words what is meant by “natural law.”

Manly Skills

- _____ With the help of an adult, make a wooden shrine to Christ our Lord, the Blessed Virgin Mary, or one of the saints for your home or yard.
- _____ Using your hands and tools, make one thing that could help the Catholic liturgical life on your campouts. Build a confession screen, build candle sticks for Mass, etc.
- _____ What is your favorite sport? Learn the rules of the game, it's history, and it's greatest heroes.
- _____ Learn how to play darts, billiards, and poker.

Final Requirement

- _____ The 5th grade “Saint George” boys, with the help of parents and the officers, should organize a pilgrimage or day trip together during which they visit a shrine, pilgrimage site, cathedral, or historic church of significance. It should be in the Spring (toward the end of their training) and preferably on April 23 – the feast day of Saint George. The day should end with a fun organized dinner or activity that the cadets help plan. We foresee a big grill-out in the backyard or a picnic with sports at a park to end this special day.